

# Resources on Racism and Racial Inequality

## VIDEOS

Ted Talks playlist: [Talks to help you understand racism in America](#), including:

- [The urgency of intersectionality](#) - Kimberlé Crenshaw
- [The danger of a single story](#) - Chimamanda Ngozi Adichie
- [An interview with the founders of Black Lives Matter](#) - Alicia Garza, Patrisse Cullors and Opal Tometi
- [How racism makes us sick](#) - David R Williams
- [How to deconstruct racism, one headline at a time](#) - Baratunde Thurston Clint Smith

[Deconstructing white privilege](#) Academic and author Dr Robin DiAngelo deconstructs white privilege and discusses 'white fragility'.

[Ibram X. Kendi in conversation: The difference between being "non-racist" and antiracist](#) - TED Talks

[A history of the Black Lives Matter movement](#) - Channel 4 News

[Ijeoma Oluo: "So you want to talk about race"](#) - Talks at Google. Ijeoma Oluo discusses why it's so hard to talk about race and why we must do it anyway.

[White privilege: What is it and how can it be used to help others?](#) - CBBC Newsround

[Systemic racism \(in the USA\) explained](#)

[What is privilege?](#)

[What does my headscarf mean to you](#) - In this funny, honest, empathetic talk, Yassmin Abdel-Magied challenges us to look beyond our initial perceptions, and to open doors to new ways of supporting others. Yassmin wears many hats, including a hijab. She's a mechanical engineer, writer and activist who campaigns for tolerance and diversity.

[How do we bridge the "anxiety gap" at work?](#) - Erica Joy Baker. Raises awareness of the anxiety that many people from minority groups feel at work in feeling the need to do a job to fit in, before even beginning the job they were recruited to do.

[To speak up for inclusion, we need to speak about inclusion](#) - the Royal Bank of Canada. Video about bias showing that we all have biases no matter what 'group' we fall into.

## PODCASTS

[Pearn Kandola's Racism at work podcasts](#):

[Intersectionality Matters](#) - hosted by Kimberlé Krenshaw, leading critical race theorist who coined the term "intersectionality," this podcast brings the academic term to life. Each episode brings together political organisers, journalists and writers.

[About Race with Reni Eddo-Lodge](#) - From the author of *Why I'm No Longer Talking to White People About Race*, this podcast takes the conversation a step further, featuring key voices from the last few decades of anti-racist activism and looking at the recent history that lead to the politics of today.

[Code switch](#) - hosted by journalists of colour, this podcast tackles the subject of race head-on. It explores how it impacts every part of society — from politics and pop culture to history, sports and everything in between.

[Talking to our children about race - Outside The Boxes](#) podcast. In this episode, Dr Pragya Agarwal discusses the importance of talking to our children about race.

[Why I'm no longer talking to white people about race](#) - Guardian podcast based on Reni Eddo-Lodge's book of the same name.